

Ultimate Nutrition

Iso-Sensation 93

After 5 years of continuous research, Ultimate Nutrition is proud to release Iso-Sensation 93 containing 100% IsoChill® Whey Protein Isolate. IsoChill is a functional whey protein isolate, processed by a novel ultra-low temperature microfiltration process to contain a full balance of undenatured bioactive whey proteins including immunoglobulin (IgG), lactoferrin (Lf), and glycomacropeptide (GMP). It is derived from sweet whey, membrane-filtered and spray-dried by indirect heat to ensure the highest product quality.

This unique formula is further enhanced with Colostrum. Colostrum has long been considered nature's first food. This pre-milk substance supplies nutrients and other necessary biological elements and activates and regulates numerous immune, growth, and repair processes. However the benefits do not stop at birth! Numerous studies have shown that colostrum continues to exert important biological activities when given to adults. As our bodies age, we produce less of the immune factors needed to ward off disease and infection. Supplemental colostrum can help replenish these stores.

Iso-Sensation 93 also includes an added Glutamine Complex. In times of stress, (weight training) certain parts of the body demand so much Glutamine that the body can't manufacture enough. In these instances, Glutamine supplementation could make a world of difference. Intense training causes muscle cell glutamine levels to decrease, allowing for muscle breakdown. Supplementation of L-Glutamine causes an anti-catabolic effect by keeping these levels elevated thus preserving muscle mass and improving nitrogen balance. We've combined the most stable and readily absorbed forms into our complex. Being easily absorbed and bioavailable, peptide-bonded glutamine, N-Acetyl L-Glutamine and Glutapure enter muscle cells fast, break down to free glutamine, and perform essential metabolic functions.

Optimizing insulin metabolism can support the muscle-building process. Our SI Complex includes alpha-lipoic acid, d-pinitol and 4-hydroxyisoleucine. These ingredients are effective in improving insulin efficiency and sensitivity, and copying insulin's effects on muscle with another molecule altogether. A greater uptake of blood sugar by muscles could lead to enhanced glycogen synthesis and ultimately greater gains in lean muscle. In the end, they all favor better uptake of creatine, glucose and amino acids, and they enhance muscle recovery and growth without excess sugar use.

Finally, our enhanced delivery system includes D Complex: a blend of the digestive aids protease and lactase for superior digestibility, ensuring maximum absorption and utilization of the nutrients in this formula. These enzymes contribute to the health of the digestive tract and can increase the utilization of whey protein. Try a gourmet-flavored Iso-Sensation today and you will be hooked. You will never go back to regular Whey Protein Isolate again.

SELECTED REFERENCES:

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FREQUENTLY ASKED QUESTIONS:

1 What is D-Pinitol?

D-pinitol is a naturally occurring compound that can be found in some plants, trees, and foods. D-pinitol has demonstrated effects similar to insulin that drive creatine and other nutrients into the muscles. D-pinitol is a methyl-inositol extract that promotes the transport of glucose and glycogen synthesis.

2 I eat a lot of fish, chicken, eggs, soy and beef. Why do I still need whey protein?

Healthy diets should regularly include high quality, low fat sources of protein, like whey protein. Calories do count and you want to make sure that you are getting the most benefit from the calories you consume. Compared to other proteins, on a gram-to-gram basis whey protein isolate delivers more essential amino acids to the body but without the fat or cholesterol.

3 Is whey protein isolate compatible with a low-carbohydrate diet?

Yes. Whey protein isolate is not only compatible with low-carbohydrate diets it is an ideal choice. Whey protein isolate provides high quality protein without the carbohydrates and fat often limited in low-carbohydrate diets.